

## ESDAA Track and Field Championship Meet Rules and Regulations

1. The goal of the host school should be to make the meet as high a standard of quality as the World Games for the Deaf trials.
    - A. Many athletes at the trials are from the ESDAA. This meet should be comparable to the trials.
  
  2. Host school should provide Meet Director, Meet Clerk, and at least 5 other Certified Officials for both field and running events.
    - A. The ESDAA Tournaments have paid certified officials at other sport championships, i.e. - soccer, volleyball, wrestling, and basketball.
    - B. Coaches and/or schools staff members are not officials. They should only "assist" the paid officials of the meet.
    - C. To run a smooth meet according to National Federation rules.  
  
e.g. - No heats and finals in the High Jump - Athletes have the right to pick which board to jump from in the triple jump and/or long jump.
    - D. To check implements before throwing events.  
e.g. -Girls' shot is 4k not 8 lbs.
    - E. To make disqualification calls when necessary.
  
  3. A coaches meeting should be held the night before the Meet.
    - A. Those in attendance should include:
      1. All head coaches
      2. Meet director
      3. Starting Officials
      4. Meet Clerk
    - B. The agenda should include:
      1. Setting up "Games Committee" to make judgments when necessary. This committee should be of unbiased opinion. e.g. - Other certified track and field officials; preferably not coaches.
      2. Protest procedures should be made known to coaches.
        - A. Must be made by the head coach.
        - B. Must be brought to the games committee head official within 30 minutes of incident.
        - C. Must be written
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