

**ESDAA  
Division 1  
Cheerleading Tournament**

Hosted by \_\_\_\_\_

Date \_\_\_\_\_

Individual Cheer Score sheet

School \_\_\_\_\_

Cheerleader \_\_\_\_\_

Judge # \_\_\_\_\_

Total \_\_\_\_\_

**Rating Scale:**

5 – Excellent    4 – Above Average    3 – Average    2 – Fair    1 – Poor

1. General appearance – including hair, make-up, uniform and accessories – is neat clean and appropriate. 1. \_\_\_\_\_
2. Posture is erect and appealing to the eye. 2. \_\_\_\_\_
3. – 4. Movements are: 3. \_\_\_\_\_  
3. Varied  
4. Precise 4. \_\_\_\_\_
5. Gymnastics – including splits, rolls, cartwheels, jumps, etc. – are well defined and executed. 5. \_\_\_\_\_
6. The degree of difficulty for the gymnastics is \_\_\_\_\_. 6. \_\_\_\_\_
7. Cheerleader shows continuous pep and enthusiasm including facial expression. 7. \_\_\_\_\_
8. The degree of difficulty for the cheer is \_\_\_\_\_. 8. \_\_\_\_\_
9. The overall impression of this cheer is \_\_\_\_\_. 9. \_\_\_\_\_

Total (45) \_\_\_\_\_

Checker's Initials \_\_\_\_\_